## Wild Remedies Herb Labels

If there's one thing we've learned over and over again, it's to label your herbs and your creations! We've created the following labels to make it easy for you. These labels have the common name, energetics, and plant family already listed. You can print the labels and then fill in the information specific to your harvest, such as species and harvest location and date.

### Printing the Labels

You have a couple of options for printing these.

### **#1 Print on Labels**

We designed these to fit  $2" \times 2"$  Avery labels. There are two color options:

Brown Kraft: Avery 22846

White: Avery 22806

You can find these labels in large office supply stores or by searching online.

### #2 Print on Paper

You can also simply print these labels on paper, cut them out, and tape them to your jars. You can then choose any type of paper you want.

### **IMPORTANT**

When you select **print** on your computer, print pages 2-4, so you do not print **this** page on a label. You can also print page 5 for blank labels.

If your printout does not fit the labels properly, make sure "Scale to Fit" is not selected in the print dialog box. These should be printed at 100% scale.

If the printouts are just a little off, it may be a result of how the sheets are being fed into your printer. Every inkjet or laser printer has a different way paper is fed into it, and it may require some adjusting to get the labels to fit perfectly.



### **APPLE BARK APPLE FRUIT APPLE LEAF** cool, dry cool, moist cool, dry Botanical Name: **Botanical Name:** Botanical Name: Family: Rosaceae Family: Rosaceae Family: Rosaceae Harvest Location: Harvest Location: Harvest Location: Harvest Date: Harvest Date: Harvest Date: **BURDOCK BLACKBERRY CALENDULA** cool, balancing cool, dry warm, dry Botanical Name: Botanical Name: Botanical Name: Family: Asteraceae Family: Rosaceae Family: Asteraceae Harvest Location: Harvest Location: Harvest Location: Harvest Date: Harvest Date: Harvest Date: **CHICKWEED CITRUS PEEL COTTONWOOD BARK** cool, moist warm, dry cool, dry Botanical Name: Botanical Name: Botanical Name: Family: Caryophyllaceae Family: Rutaceae Family: Salicaceae Harvest Location: Harvest Location: Harvest Location: Harvest Date: Harvest Date: Harvest Date: **COTTONWOOD BUD** DANDELION LEAF **DANDELION ROOT**

cool, dry

Botanical Name:

Family: Asteraceae

Harvest Location:

Harvest Date:

cool, dry

Botanical Name:

Family: Asteraceae

Harvest Location:

Harvest Date:

warm, dry

Botanical Name:

Family: Salicaceae

Harvest Location:

Harvest Date:

# **ECHINACEA** cool, dry Botanical Name: Family: Asteraceae Harvest Location: Harvest Date: **EVERGREEN** warm, dry Botanical Name: Family: Pinaceae Harvest Location: Harvest Date:

# Botanical Name: Family: Pinaceae Harvest Location: Harvest Date: MULLEIN FLOWER cool, moist Botanical Name: Family: Scrophulariaceae Harvest Location: Harvest Date:

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	cool, dry	1
Botanical	Name:	
Family: U	rticaceae	
Harvest L	ocation:	
Harvest D	ate:	

### **ELDERBERRY**

cool, dry

Botanical Name:
Family: Adoxaceae
Harvest Location:
Harvest Date:

### **MALLOW**

cool, moist

Botanical Name:
Family: Malvaceae
Harvest Location:
Harvest Date:

### **MULLEIN LEAF**

cool, moist

Botanical Name:
Family: Scrophulariaceae
Harvest Location:
Harvest Date:

### **PLANTAIN**

cool, moist

Botanical Name:
Family: Plantaginaceae
Harvest Location:
Harvest Date:

### **ELDERFLOWER**

cool, dry

Botanical Name:
Family: Adoxaceae
Harvest Location:
Harvest Date:

### **MINT**

cool

Botanical Name:
Family: Lamiaceae
Harvest Location:
Harvest Date:

### **MULLEIN ROOT**

warm, dry

Botanical Name:
Family: Scrophulariaceae
Harvest Location:
Harvest Date:

### PRICKLY PEAR

cool, moist

Botanical Name:
Family: Cactaceae
Harvest Location:
Harvest Date:

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PURSLANE	RASPBERRY	ROSE HIP
cool, moist	cool, dry	cool, moist
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Botanical Name:	Botanical Name:	Botanical Name:
Family: Portulaceae	Family: Rosaceae	Family: Rosaceae
Harvest Location:	Harvest Location:	Harvest Location:
Harvest Date:	Harvest Date:	Harvest Date:
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ROSE PETAL	SELF-HEAL	ST. JOHN'S WOR
cool, dry	cold	cool, dry
Botanical Name:	Botanical Name:	Botanical Name:
Family: Rosaceae	Family: Lamiaceae	Family: Hypericaceae
Harvest Date:	Harvest Location:  Harvest Date:	Harvest Location: Harvest Date:
Harvest Date:	Harvest Date:	Harvest Date:
VIOLET		
VIOLET	WILD MUSTARD	WILLOW
cool, moist	warm, dry	cool, dry
P. C. INI	Botanical Name:	Botanical Name:
Botanical Name:		Family: Salicaceae
Harvest Location:	Family: Brassicaceae  Harvest Location:	Harvest Location:
Harvest Date:	Harvest Date:	Harvest Date:
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cool, dry		
Botanical Name:	Botanical Name:	Botanical Name:
Family: Asteraceae	Family:	Family:
Harvest Location:	Harvest Location:	Harvest Location:

Harvest Date:

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